



MSFAkids

Safety and Awareness For Kids by Kids



Facts About Bullying

Bullying is being mean to another kid over and over again. Bullying often includes:

****Teasing **Talking about hurting someone**

****Spreading rumors **Leaving kids out on purpose**

****Attacking someone by hitting them or yelling**

Bullying is never ok. Those who bully use power to hurt people. Power does not always mean bigger or stronger. Power can also mean popular or smart. Or, the kid doing the bullying may know a secret about the kid being bullied.

Kids who bully can have other problems, too, even when they get older, like using alcohol and drugs, getting into fights, and dropping out of school.

When kids see bullying, they may not know what to do. They may feel depressed or worried. They may be absent from school because they don't feel safe. They may join in or stay silent so they won't get bullied themselves. They may stand up to the bully. But the best thing to do is get an adult who will stop the bullying on the spot.

Making a Difference When it Matters the Most!

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